

Sweat Color Chart

| Color | Indications |
|--------------------|--|
| Colorless | Sweat glands insufficiently open; it can take up to five treatments to open them |
| Blue | Drug residue; radiation residue |
| Coffee /red | Cardiovascular conditions |
| Dark brown / black | Kidney, cell toxins; aluminum, mercury, lead, etc. heavy metal accumulation |
| Milk / grey | Lymph and lung conditions |
| Yellowish green | Liver and gall bladder conditions |
| Yellow | Spleen and stomach conditions |